

Table of Contents

PREFACE iii

SECTION 1: PLANNING FOR YOUR CAREER

Chapter 1: The Importance of Career Planning 1

Chapter 2: Pharmacy School: The Start of Career Planning 31

Chapter 3: Utilizing Continuing Professional Development (CPD) for Career Planning 59

SECTION 2: PLANNING FOR YOUR CAREER PROGRESSION

Chapter 4: Your Personality, Brand, and Work Style 77

Chapter 5: Your Well-Being and Resilience 107

Chapter 6: Networking and Increasing Your Sphere of Influence 135

Chapter 7: Tracking of Your Career 153

SECTION 3: PLANNING FOR YOUR CAREER MAXIMIZATION

Chapter 8: Work-Life Integration 179

Chapter 9: Determining What Success is to You 195

Chapter 10: Creating Your Career Path 211